Making Room for Each Other at

boulder journey school
Note to Reader:
Social distancing is now a requirement in the classroom. Human beings need physical interaction and it is something that young children seek. We are supporting the children’s understanding of this concept and the book is intended to help them not only participate in social distancing, but also give children a platform to discuss this relevant societal topic. We hope to learn from children more about what this concept means to them so that we can better respond in the classroom.

This content has been designed to support and continue the conversations we began in the book *Staying Healthy at Boulder Journey School*. This book can be found on our school’s website at the following link:

http://educators.boulderjourneyschool.com/onlinelearningdatabase
You might have heard your family, teachers and other adults talk about social distancing. You might have heard them say things like:

- Move apart
- Give each other space
- Let’s practice social distancing
- Physical Space
- 6 Feet Apart
- Give each other room
- Personal space
- Step back a little

Social distancing is when you make sure that you aren’t too close to others. When we are too close to each other we can spread germs.
At Boulder Journey School, we call the distance we take from each other **Making Room.** The more room we make, the more we keep germs from spreading. This helps everyone to stay healthy.

**Making room** means that we can’t go to some of the local places we used to, like libraries, restaurants and public playground structures. There isn’t enough room for everyone to visit them right now.
We can **make room** for other people in our community and still ride bikes, hike, build pillow forts, draw and paint! What else can you think of?
To help **make room** for us while we play at school, our teachers have made some changes to our routines and classrooms.

We have found many ways to make these changes feel comfortable.
Making room means we will be staying in our classrooms instead of visiting other spaces in the school.

We have so many materials to use in our classrooms. They are so much fun!
In our classrooms, we can make room and be with our teachers and friends.

We can make room and read
draw
paint
build
and pretend together.
We can **make room** while we work with materials and talk to one another from a safe distance.
While in our classrooms, we will still see others through the windows. **Making room** means that at the window, we can wave, sing songs or read a book without touching the screen.
Outside there is a lot of space to play! We can find ways to play with our friends and still make room.

When we see children from other classes, we can wave hello!
Making room means we help our friends without touching them or their materials.

To help a friend we can explain our thinking or show them how to do something. If a friend needs more help we can get a teacher.
When we come together at lunch and snack, we can make room by sitting further apart from each other. If our friends need help opening containers, we can tell them how to do it, or a teacher can help.
Making room means we will carry our own lunch box, water bottle and backpack.

Carrying our belongings will help make sure we are the only person touching them.
Making room means we use other ways to show our friends and teachers we care about them.

When we make room, we help our friends and teachers feel safe and stay healthy.
We have so many ways to **make room** for each other! New ways of doing things can bring up lots of different feelings.

We might even feel different emotions all at the same time. It’s OK to feel whatever we are feeling.
We can talk to our families, teachers and friends about our feelings, the new routines, and any questions we have!